



```

NAME      ZSP-CXS-0419-20200420-HNMR
EXPNO     1
PROCNO    1
Date_     20200420
Time      13.04
INSTRUM   spect
PROBHD    5 mm PABBO BB-
PULPROG   zg30
TD         32768
SOLVENT   DMSO
NS         8
DS         0
SWH        8223.685 Hz
FIDRES     0.250967 Hz
AQ         1.9923444 sec
RG         203
DW         60.800 usec
DE         6.50 usec
TE         673.2 K
D1         1.00000000 sec
TD0        1
    
```

```

===== CHANNEL f1 =====
NUC1      1H
P1        11.90 usec
PL1       -2.30 dB
PL1W      18.55620956 W
SFO1      400.1424710 MHz
SI         32768
SF         400.1400000 MHz
WDW        EM
SSB        0
LB         0.30 Hz
GB         0
PC         1.00
    
```